



USER GUIDE & SAFETY INSTRUCTIONS

AIRTUMBLE HORIZONTAL BAR

Congratulations on your purchase from AirTumble and we hope you enjoy using your new Gymnastics Bar.



Before setting up your new bar, please make sure you read through these assembly and safety instructions carefully. Should anything be unclear, do not hesitate to contact us using the information at the bottom of each page.

Once you have read through these instructions, it will only take you a few minutes to set up your new bars. This Product should only be set up by authorized or competent persons.

AirTumble products are designed as training equipment for gymnastics, cheerleading, tumbling, school sports, show groups, martial arts, parkour, free running and tricking.

Web: airtumble.co.uk

European Standard: BS EN 12197

Email: sales@airtumble.co.uk

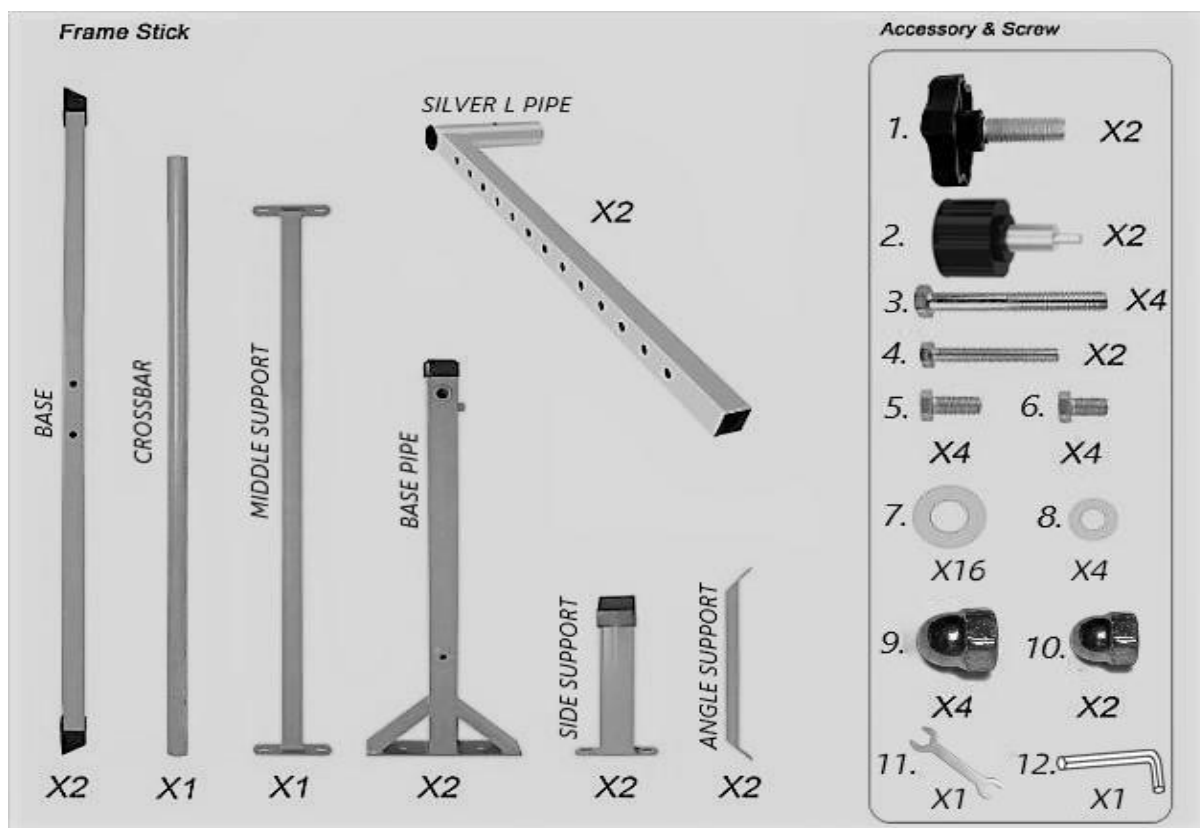
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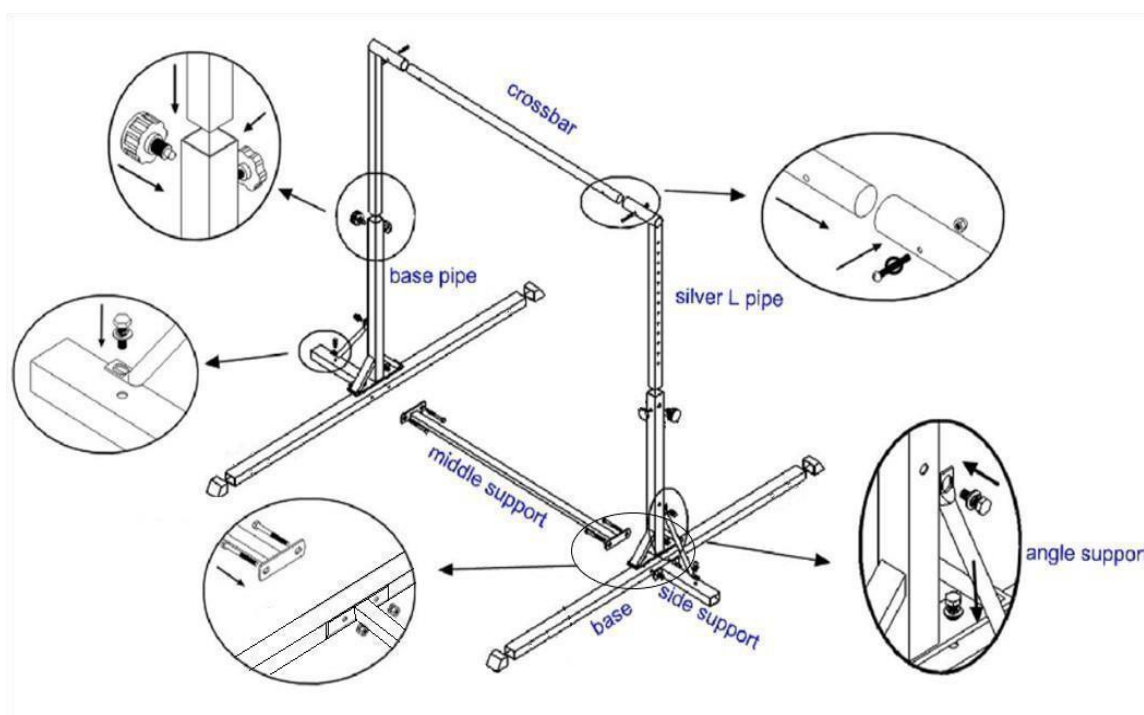
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ASSEMBLY STEPS

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ASSEMBLING YOUR BARS



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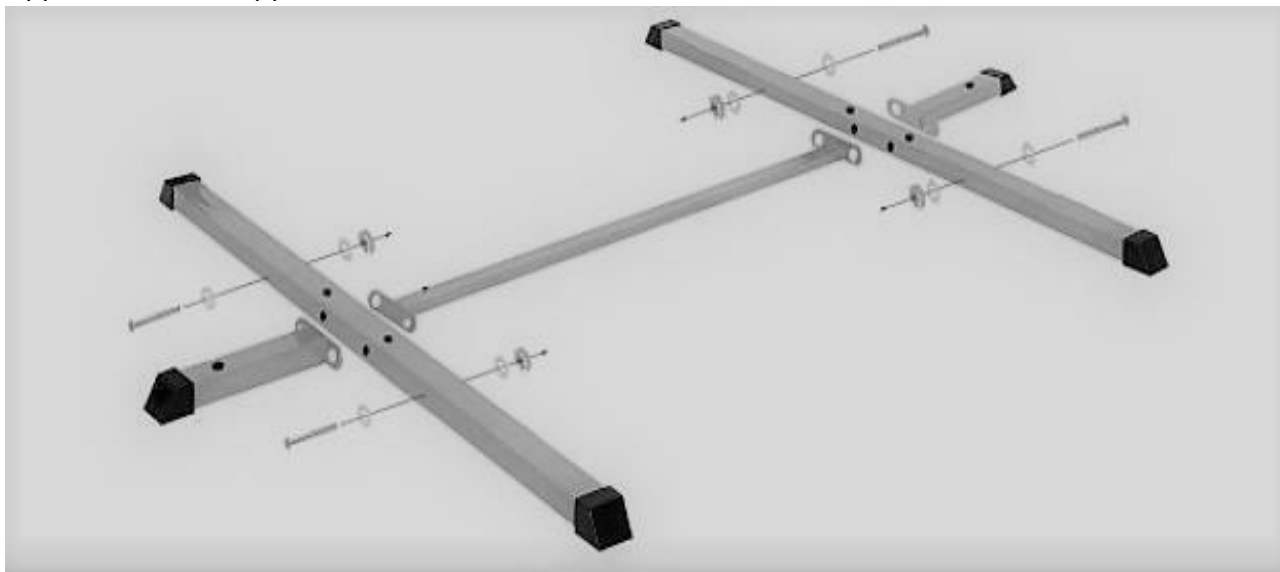
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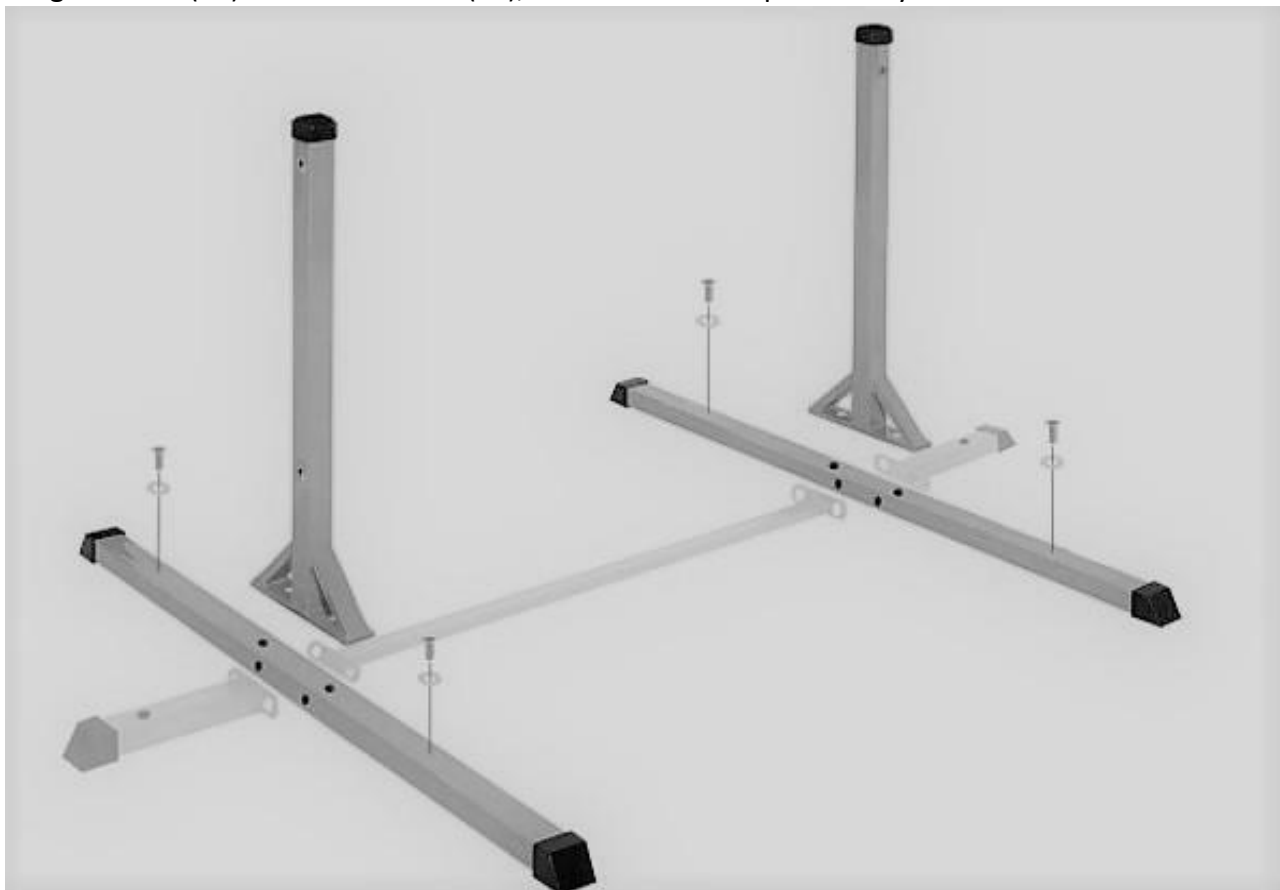
STEP 1: ASSEMBLE THE BASE

Using the 4 x Large Bolts (#3), 8 x Large Washers (#7) and 4 x Large Nuts (#9), attach the Middle Support and Side Supports to the 2 Base Sticks.



STEP 2: ATTACH THE BASE PIPE TO THE BASE

Using 4 x Bolts (#5) and 4 x Washers (#7), attach the Base Pipe securely to the Base Stick.



STEP 3: ATTACH THE ANGLE SUPPORT TO THE BASE

Using 4 x Small Bolts (#6) and 4 x Washers (#7), attach the Base Pipe securely to the Side Supports.



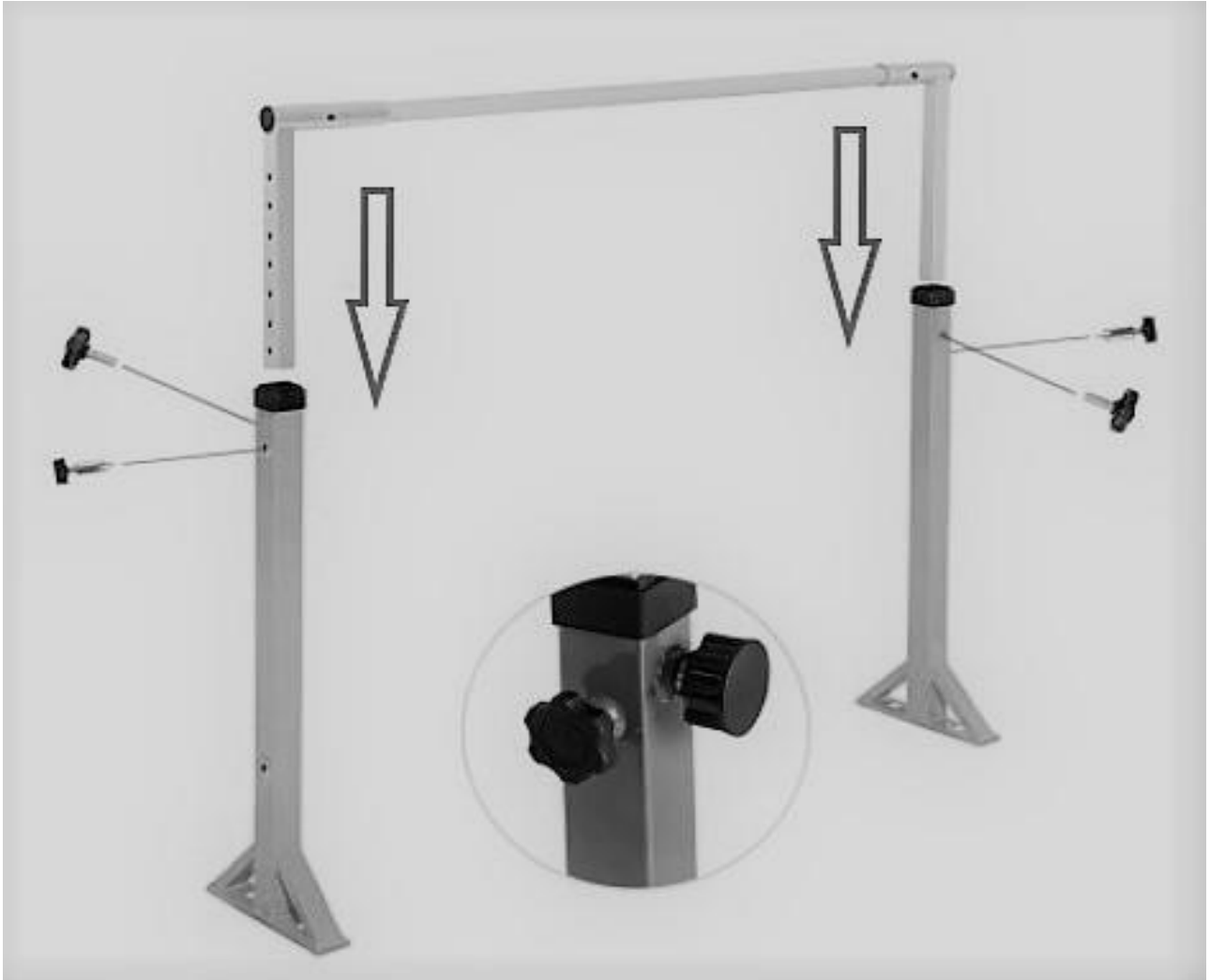
STEP 4: ATTACH THE CROSSBAR TO THE SILVER L PIPE

Using 2 x Bolts (#4), 2 x Nuts (#10) and 4 x Washers (#8), attach the Crossbar to the Silver L Pipe.



STEP 5: ATTACH THE CROSSBAR TO THE SILVER L PIPE

Insert the 2 Silver L Pipes into the Base Pipes and set at desired height. Screw the Securing Pin (#2) into the side hole, ensuring it clicks into one of the holes on the Silver L pipe. Then secure the bar by using the Securing Screw (#1) in the other hole on the Base Pipe. To adjust the bar height, unscrew the Securing Screw a few rotations and then pull the Securing Pin out on the side. Ensure the Securing Pin clicks back into place when you have selected your desired height, then tighten both the Securing Pin and Securing Screw.



SAFETY INSTRUCTIONS

- The bar is not suitable for children under 5 years of age.
- The bar must be setup on a flat surface, without a gradient.
- Ensure you have suitable space around the bar, which is free from hazards, to allow safe use of the equipment.
- The MAXIMUM weight for children using the bar is 140lbs.
- Do not allow more than one person to use the bar at a time.
- The bar is not suitable for use in wet or humid conditions.
- Adequate safety matting must be used under the bar at all times. The base supports should also be protected with padding or matting.
- Individuals using the bar must be aware of their own limits as well as the limitations of the equipment.
- Activity on the bar must be supervised at all times by a qualified instructor.
- Do not attempt new skills on this equipment without the guidance and instruction of a qualified instructor.
- This Bar is designed for beginners. It is ideal for developing a basic understanding of bar work. This beginner level bar is not designed for practicing advanced level skills.
- Ensure you check the bar, including all components and fixings, for stability or damage before each use. DO NOT use if you have any concerns and deem the equipment damaged or unsafe to use.
- Do not attempt to repair any damaged or worn components yourself. Contact AirTumble who will provide advice on how to get the component repaired or replaced by a qualified professional.
- The bar must only be used for its intended purpose and must not be modified in any way.

Warnings

Disclaimer: By using this AirTumble product, you release from liability and waive any right to sue the manufactures, distributors and retailers of this product, their employees, officers, volunteers and agents from any and all claims, including claims of negligence, resulting in any physical injury, illness (including death) or economic loss you may suffer.

Important:- AirTumble products are not toys. They are professional training products for gymnastics, cheerleading, tumbling, school sports, martial arts, parkour, free running and other athletic movements. All AirTumble products should be used under the supervision of a qualified instructor.