



USER GUIDE & SAFETY INSTRUCTIONS

AIRTUMBLE HORIZONTAL BAR WITH FOLDING LEGS

Congratulations on your purchase from AirTumble and we hope you enjoy using your new Gymnastics Bar.



Before setting up your new bar, please make sure you read through these assembly and safety instructions carefully. Should anything be unclear, do not hesitate to contact us using the information at the bottom of each page.

Once you have read through these instructions, it will only take you a few minutes to set up your new bars. This Product should only be set up by authorized or competent persons.

AirTumble products are designed as training equipment for gymnastics, cheerleading, tumbling, school sports, show groups, martial arts, parkour, free running and tricking.

Web: airtumble.co.uk

Email: sales@airtumble.co.uk

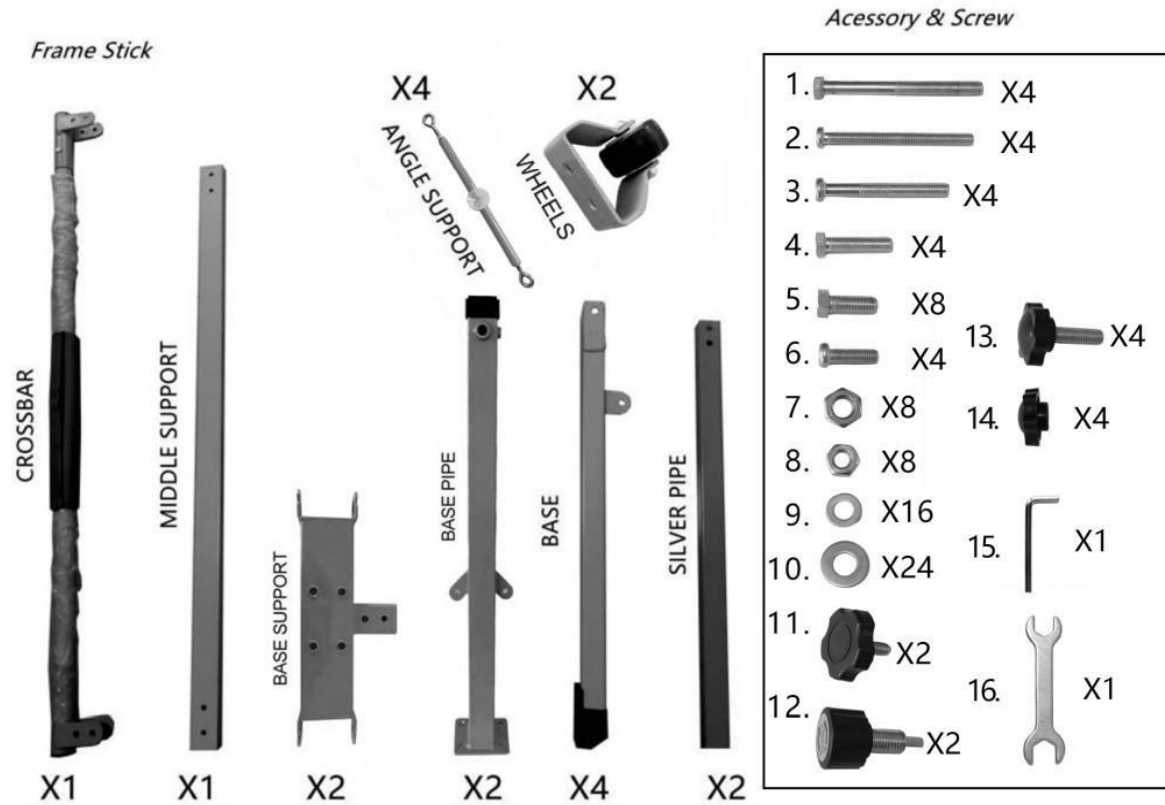
Tel: 01428 748615

European Standard: BS EN 12197

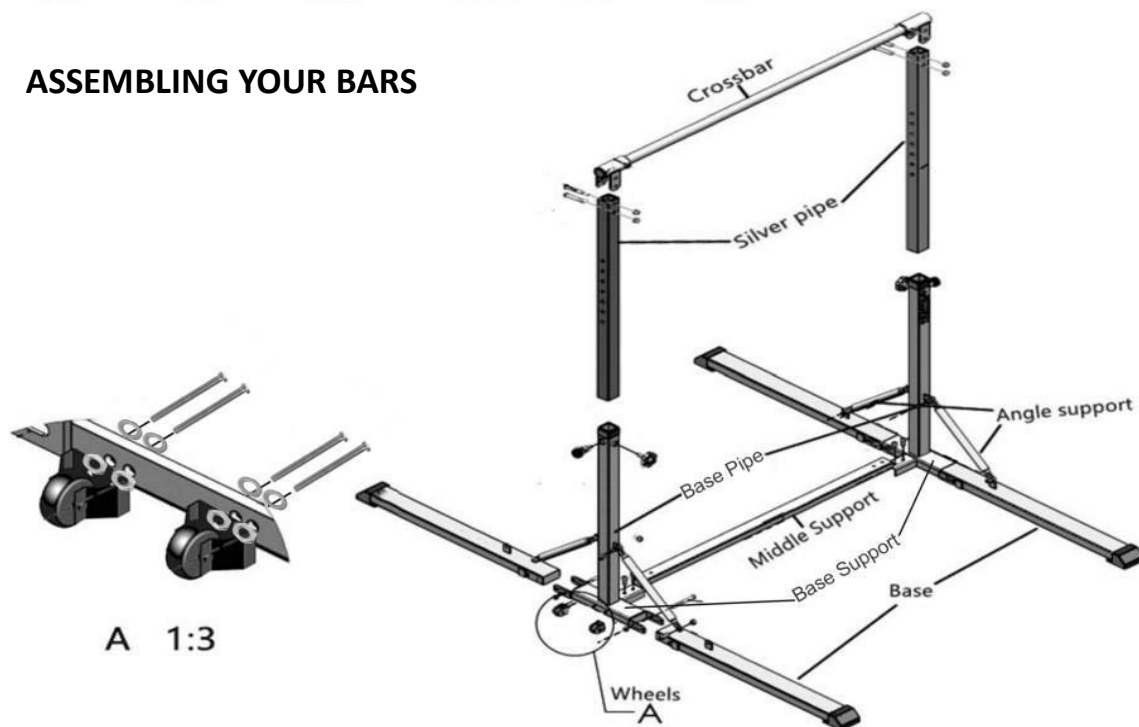
Manufactured: 2025

ASSEMBLY STEPS

CONTENTS LIST

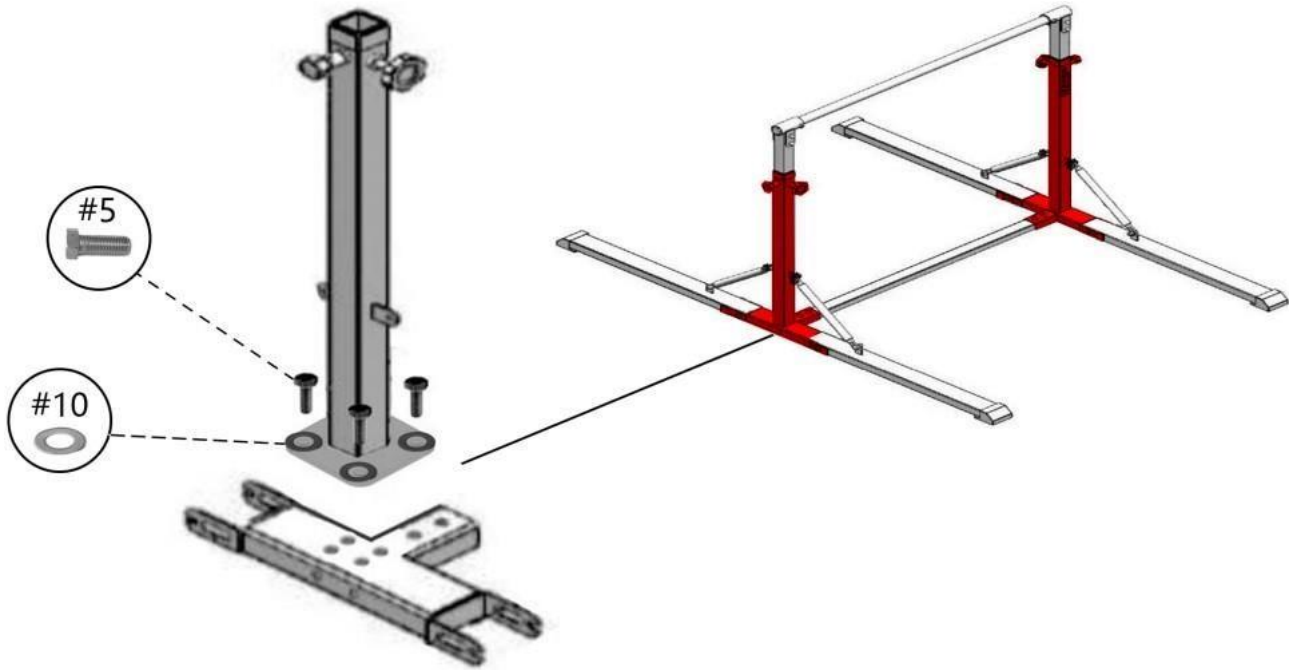


ASSEMBLING YOUR BARS



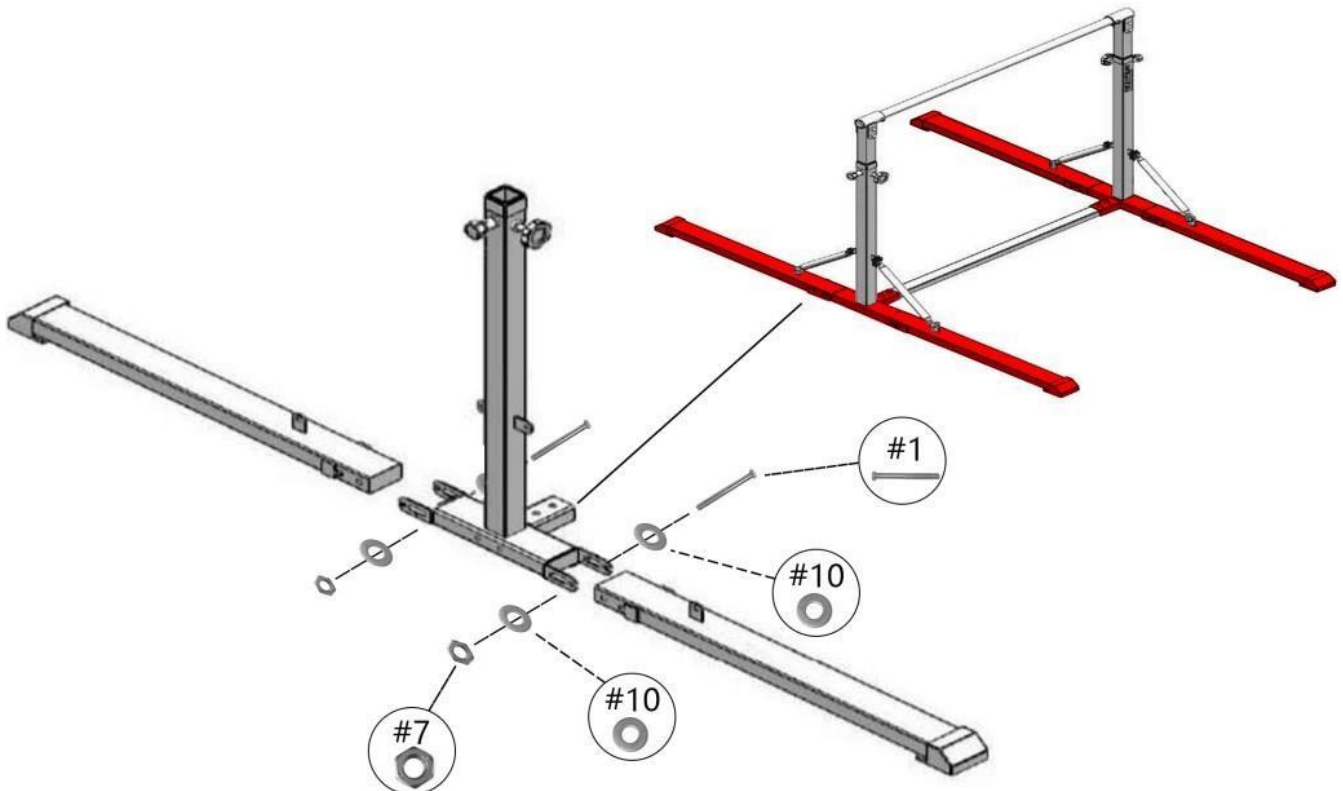
STEP 1: ASSEMBLE THE BASE PIPE AND BASE SUPPORT

Using the 8 x Bolts (#5) and 8 x Washers (#10), secure the Base Pipes to the Base Supports, as shown in the picture below:



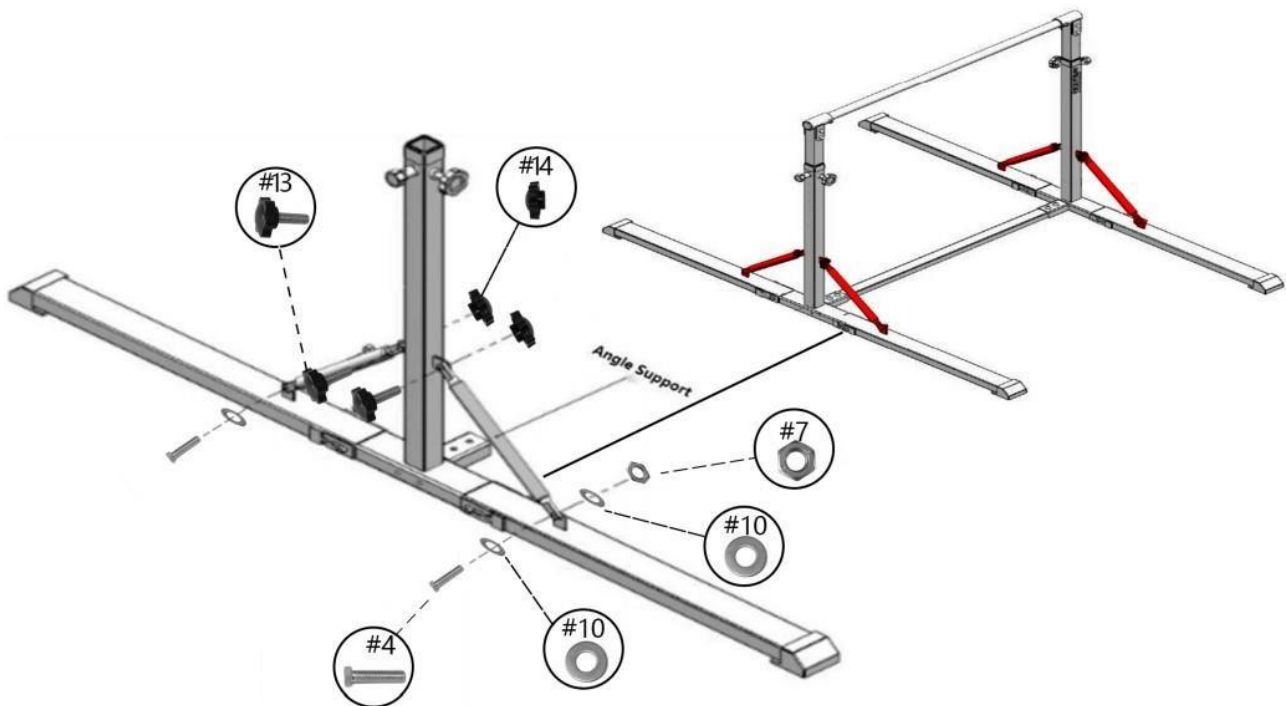
STEP 2: ASSEMBLE THE BASE

Using the 4 x Big Bolts (#1), 8 x Washers (#10) and 4 x Nuts (#7), place the 4 Base pieces into the 2 Base Supports. Attach by inserting the Big Bolts and Washers, then secure using the Nuts.



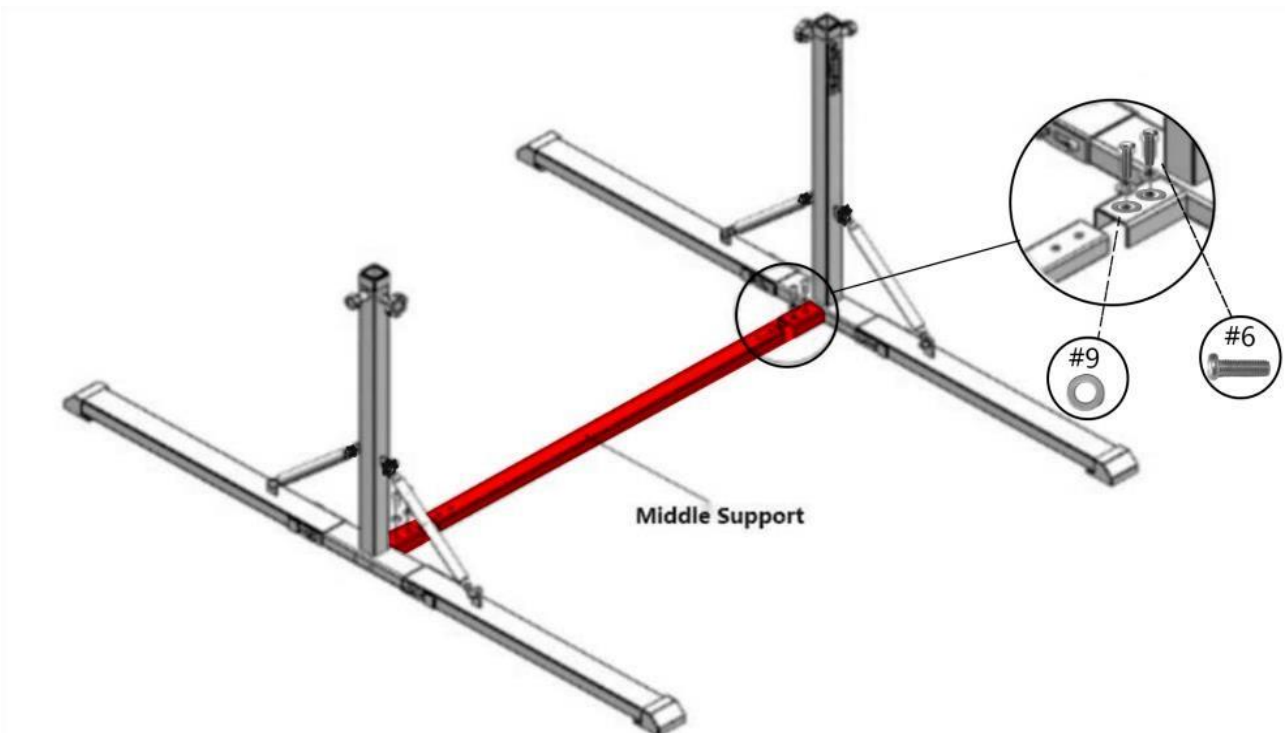
STEP 3: ATTACH THE SIDE ANGLE SUPPORT TO THE BASE

Using 4 x Bolts (#4), 8 x Washers (#10) and 4 x Nuts (#7), attach the Angle Supports to the 4 Base pieces. Then use 4 x Bolts (#13) and 4 x Nuts (#14) to attach the Angle Supports to the Base Pipes, as shown in the picture below:



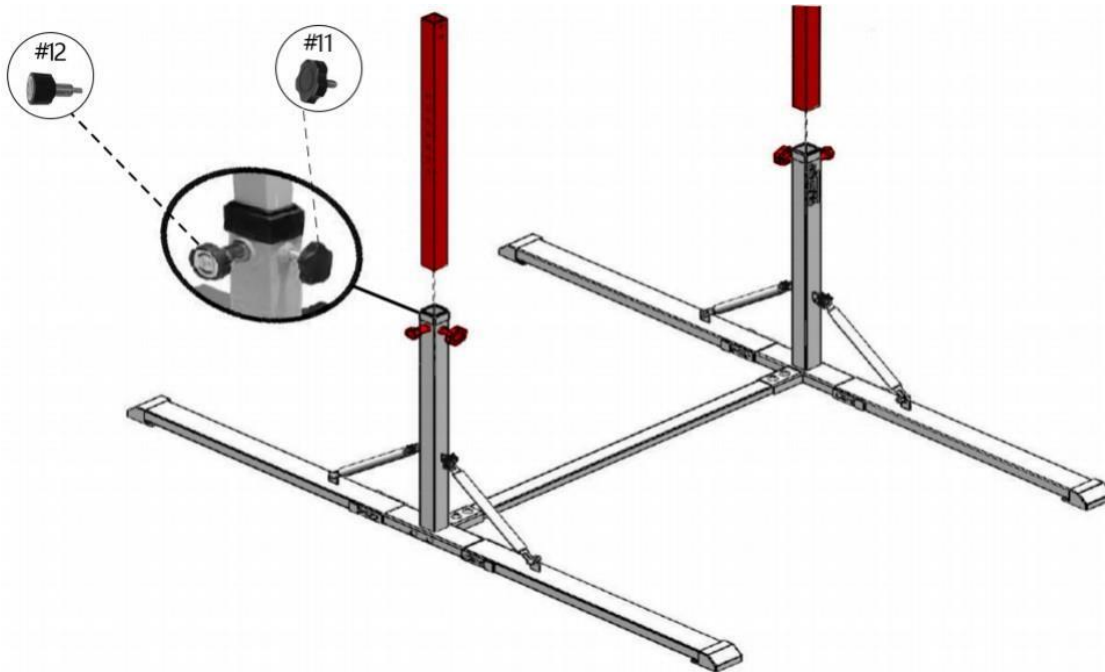
STEP 4: ATTACH THE MIDDLE SUPPORT TUBE TO THE BASE SUPPORT

Using 4 x Bolts (#6) and 4 x Washers (#9), connect the Base Supports to the Middle Support.



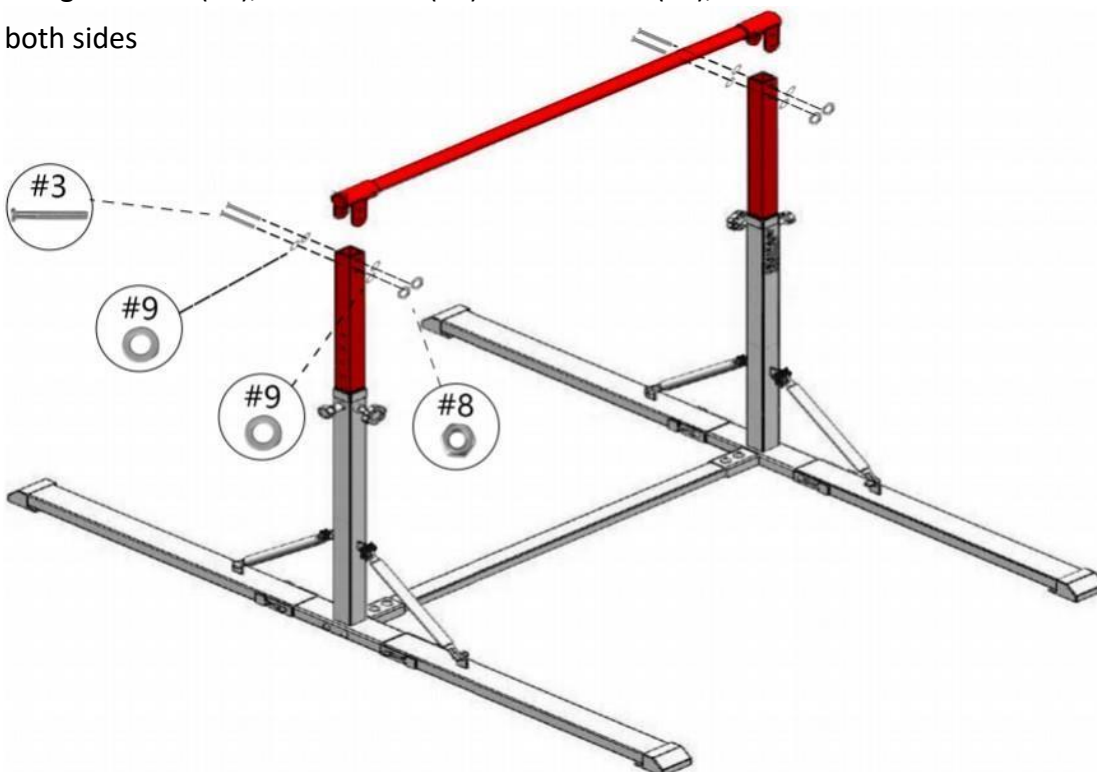
STEP 5: ATTACH THE SILVER PIPE TO THE BASE PIPE

Insert the adjustable Silver Pipes into the Base Pipes and set at desired height. Screw the Securing Pin (#12) into the side hole, ensuring it clicks into one of the holes on the Silver Pipe. Then secure the bar by using the Securing Screw (#11) in the other hole on the Base Pipe. To adjust the bar height, unscrew the Securing Screw a few rotations and then pull the Securing Pin out on the side. Ensure the Securing Pin clicks back into place when you have selected your desired height, then tighten both the Securing Pin and Securing Screw.



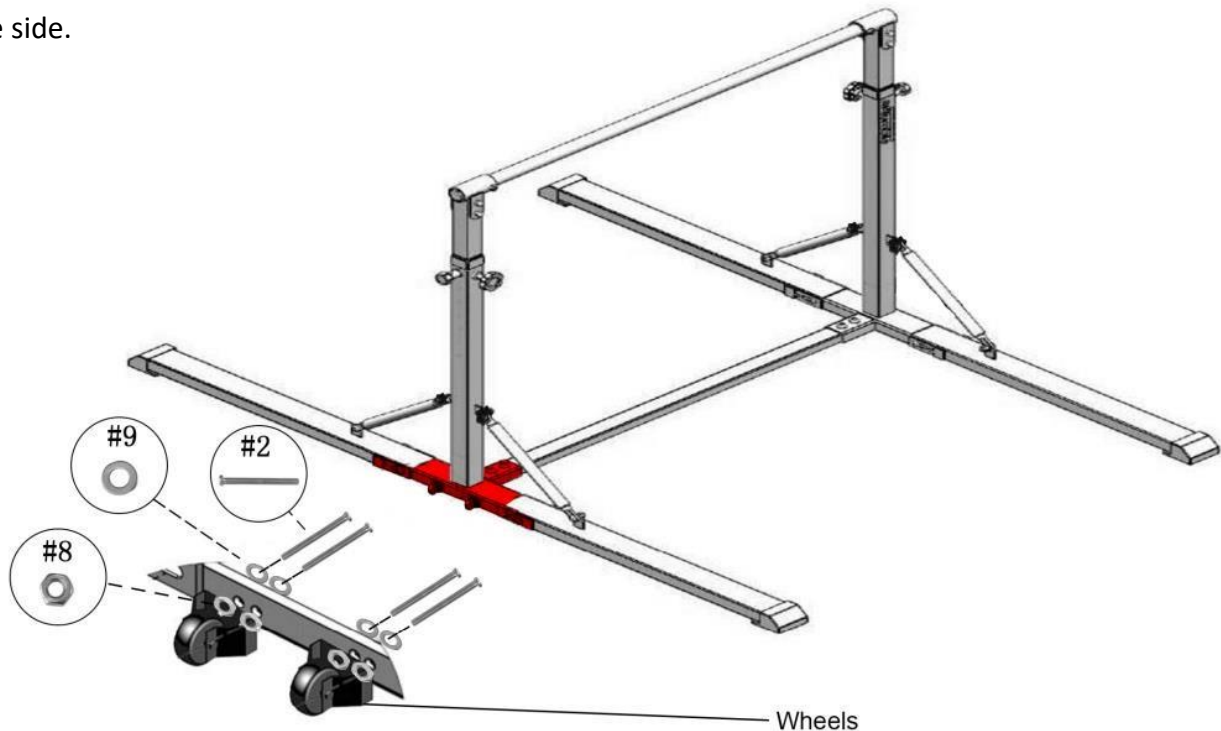
STEP 6: ATTACH THE CROSSBAR TO THE SILVER PIPE

Using 4 x Bolts (#3), 8 x Washers (#9) and 4 x Nuts (#8), attach the Crossbar to the Silver Pipe on both sides



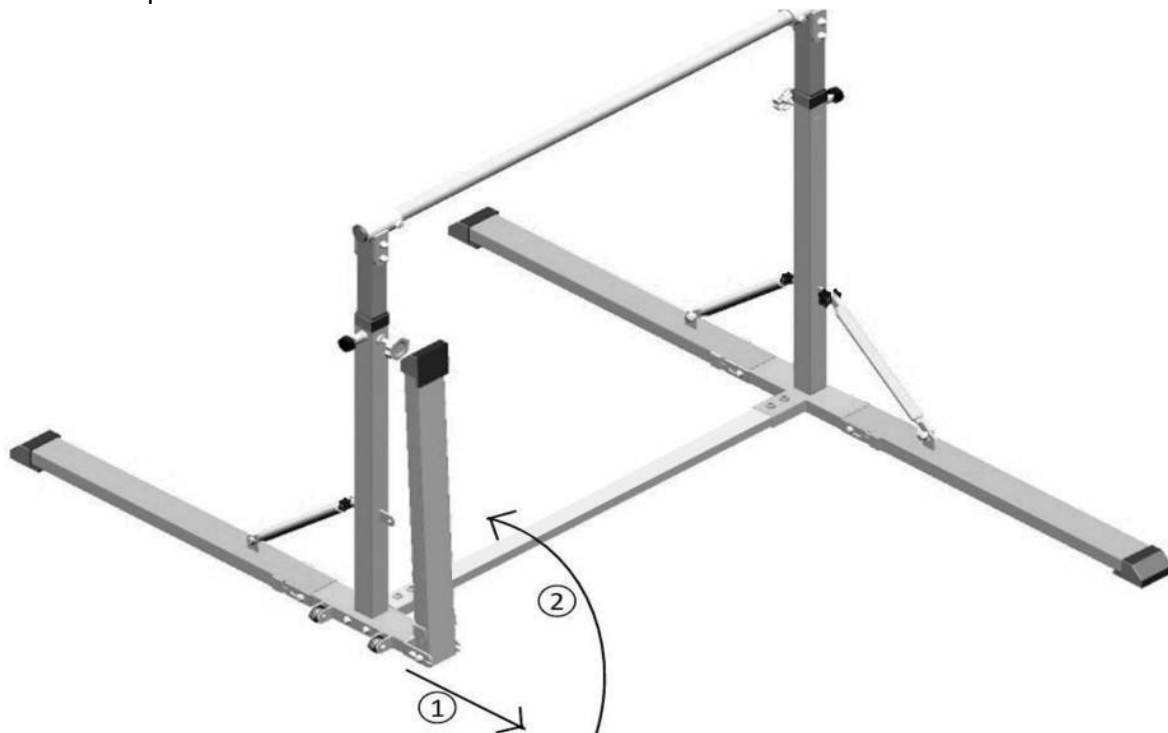
STEP 7: ATTACH THE WHEELS TO THE BASE SUPPORT

Using 4 x Bolts (#2), 4 x Washers (#9) and 4 x Nuts (#8), attach the wheels to the Base Support on one side.



STEP 8: FOLDING THE LEGS

Unscrew the 4 x Bolts (#13) and 4 x Nuts (#14), which attach the Angle Supports the Base Pipes. Stick the Angle Supports to the Base pieces using the suction pads. Pull the Base pieces away from the Base Supports (as illustrated by arrow #1), then lift each Base piece up to the Base Pipe (as illustrated by arrow #2). Secure the 4 Base pieces in position using the tapes provided. You can then use the wheels to transport the bars.



SAFETY INSTRUCTIONS

- The bar is not suitable for children under 5 years of age.
- The bar must be setup on a flat surface, without a gradient.
- Ensure you have suitable space around the bar, which is free from hazards, to allow safe use of the equipment.
- The MAXIMUM weight for children using the bar is 140lbs.
- Do not allow more than one person to use the bar at a time.
- The bar is not suitable for use in wet or humid conditions.
- Adequate safety matting must be used under the bar at all times. The Base Supports should also be protected with padding or matting.
- Individuals using the bar must be aware of their own limits as well as the limitations of the equipment.
- Activity on the bar must be supervised at all times by a qualified instructor.
- Do not attempt new skills on this equipment without the guidance and instruction of a qualified instructor.
- This Bar is designed for beginners. It is ideal for developing a basic understanding of bar work. This beginner level bar is not designed for practicing advanced level skills.
- Ensure you check the bar, including all components and fixings, for stability or damage before each use. DO NOT use if you have any concerns and deem the equipment damaged or unsafe to use.
- Do not attempt to repair any damaged or worn components yourself. Contact AirTumble who will provide advice on how to get the component repaired or replaced by a qualified professional.
- The bar must only be used for its intended purpose and must not be modified in any way.
- DO NOT use the gymnastics bar when the Base legs are folded.
- Make sure the folding Base legs are secured safely when transporting the bar.
- For safety, a minimum of 2 adults are required to transport the bar from one location to another.
- If you are folding the Base legs to store the bar, you MUST:
- Make sure the Base legs are secured firmly to the Base Pipe using the tapes provided.
- Make sure the whole bar frame is tied securely to a wall. The bar is not stable with the Base legs folded up, therefore the bar could fall and cause injury if not secured and stored properly.

Warnings

Disclaimer: By using this AirTumble product, you release from liability and waive any right to sue the manufactures, distributors and retailers of this product, their employees, officers, volunteers and agents from any and all claims, including claims of negligence, resulting in any physical injury, illness (including death) or economic loss you may suffer.

Important:- AirTumble products are not toys. They are professional training products for gymnastics, cheerleading, tumbling, school sports, martial arts, parkour, free running and other athletic movements. All AirTumble products should be used under the supervision of a qualified instructor.